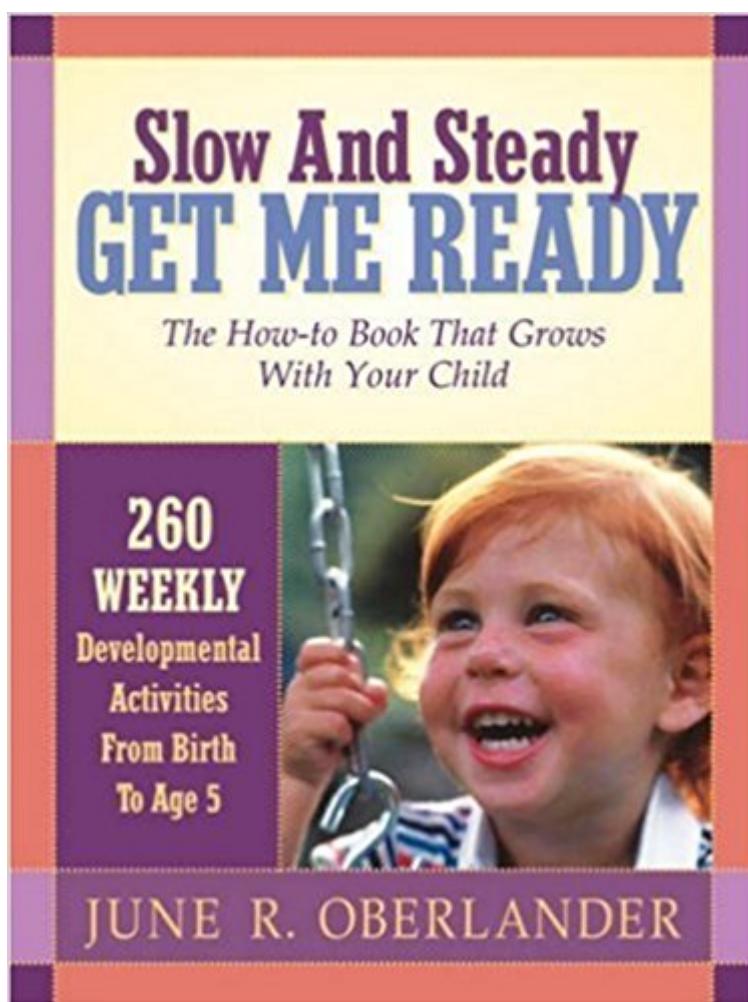


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# Slow And Steady Get Me Ready For Kindergarten: 260 Activities To Do With Your Child From Age 0 To 5



## Synopsis

Looking for quick, engaging activities to prepare your child for kindergarten? Spend a few minutes a day with your child in productive, interactive play with *Slow and Steady Get Me Ready For Kindergarten!* *Slow and Steady Get Me Ready For Kindergarten* abounds with hands-on developmental activities that parents can do with their children between the ages of 0 and 5 years old to get them prepared for kindergarten. June R. Oberlander, a 19-year veteran kindergarten teacher in Fairfax County, Virginia, first published this book in 1988. Now her granddaughter, Hannah Oberlander, a current teacher in Loudoun County, Virginia, has updated and enhanced these classic activities for today's parents of the next generation. Organized in an easy-to-read format, these mini lessons prompt moms, dads, grandparents, caretakers, and guardians to play short, practical games with their children with step-by-step instructions, tips, and photos to guide them along the way. Activities are sorted for each age group between birth and kindergarten. Not only do they give a ballpark idea of how your child is developing, but also what activities and tasks he or she is currently ready for and what to be working towards over the weeks. Each activity has a box that clues parents in to which skills they are developing with their child. In addition, book ideas are referenced for each activity throughout Ages 3 and 4 to promote pre-reading skills and motivation. *Slow and Steady Get Me Ready* is like no other guide to developmental play ideas for today's child. These activities are tried and true to engage your youngster for specific purposes that will enrich his or her physical and mental growth during these crucial years of a child's life. No iPod app or electronic resource can replace a parent's face-to-face interaction with his or her child. Recognizing that time in every home is always scarce, these quick and simple activities foster parent-child contact that is not only constructive but also meaningful. Standards for kindergarten entrance and placement have risen over the past thirty years. Educators and experts have concluded that early and consistent stimulation before entering school is essential to a child's development. Thus, it's more important than ever before for parents and caretakers of young children to promote early development through motor skills, communication, and cognitive learning. *Slow and Steady Get Me Ready For Kindergarten* is just the tool! The most-rewarding job in the world is parenting, so why not get off on the right foot?

## Book Information

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## Customer Reviews

SLOW AND STEADY GET ME READY is a highly recommended early childhood developmental parenting resource that has achieved recognition in both the educational and medical communities. This resource was awarded the seal of approval from The National Parenting Center and is listed in the Head Start Education Resource Directory. The Harvard Family Research Project recommended SLOW AND STEADY GET ME READY to the United States Department of Education, where it appears in the Educational Research Information Center (ERIC) database and the CLAS Early Childhood Research Institute & Office of Special Education Programs. SLOW AND STEADY GET ME READY has been endorsed by Mary Pride, a leading home-school educator and author. This guide has been listed in the Journal of the American Medical Association as a pediatric reference. SLOW AND STEADY GET ME READY has also been recommended by pediatricians and it has been used by hospitals and churches in birth and family education programs. In addition, The Well-Trained Mind: A Guide to Classical Education at Home and the October 2000 issue of Your Baby, a South African magazine, have endorsed this valuable 352-page parenting book. An excellent article on SLOW AND STEADY GET ME READY is found in The Washington Post (Style Plus, May 20, 1997). SLOW AND STEADY GET ME READY has become a worldwide reference standard for parents. It has been translated and published in Japan, Romania, Korea, China, Indonesia, Malaysia, India (3 languages), Lebanon (Arabic) and Mexico (Spanish). SINCE BABIES DON'T COME WITH DIRECTIONS, USE SLOW AND STEADY GET ME READY TO GUIDE YOU.

The first five years of a child's life are the most formative and critical. SLOW AND STEADY GET ME READY is for those genuinely interested in helping children get a good start in life so that

they will not be left behind! These children will some day be the leaders of the future. Numerous repeat orders have substantiated and demonstrated the usefulness of SLOW AND STEADY GET ME READY. People do not reorder a product unless they like it. Many mothers and grandmothers have said, "I wish I would have had a resource guide like this when my child was young." THE BEST THING THAT PARENTS CAN SPEND ON THEIR CHILD IS THEIR TIME!

A friend bought this for us as a gift and it was so great, we bought it for another friend as a gift. This book is chalk full of great ideas. It offers awesome projects and activities to do with your little one, and it utilizes many things you already have lying around the house, so you don't have to spend a ton of money buying things in order to do the activities. Highly recommend to buy for yourself or as a gift.

I am a mother of 3 year old & a 6 month old. Since my first child was born, I have been looking for ways to help give my children any extra 'help' I can ... and also for ways to entertain and occupy them. I don't plan to home school ... but preschool may be financially out of reach. This is an awesome book! I have checked out numerous books from the library as well as searched the internet for free (and inexpensive) ways to accomplish my above agenda. The author provides great, realistic ideas on how to make your children expand their minds. I was even given the book by Gymboree on activities ... let me tell you, that book was dumb! My daughter never wanted to do those things and it took a lot out of you to set up the projects. This is a book I will put on my list of "perfect gift for a shower" along with the Einstein videos and a bouncy seat. Talk about a life saver.

This is a fun book to use with your baby or toddler, BUT some of the activities are much too advanced for the age! Some of the things it wanted me to do just had my baby staring at me blankly. I think you can read, sing and play with your baby without the use of this book, and be just fine. However, the activities for the older age group were great.

This wonderful book outlines everything you need to prepare your child for kindergarten. It covers not only the educational aspects of preschool, but also the physical and socioemotional, as well as problem-solving skills. It is a great resource for anyone with a small child. The book contains weekly activities to help your child grow and develop. The activities range from birth to 5 years, but don't be disappointed if you didn't start at week 1 - the activities don't exactly build on each other and any preschool child can benefit from the different activities listed. I am going through the book with my

6-month-old and my 2-year-old. With my 2-year-old, he already can do a lot of the weekly activities, so we pick and choose what to focus on.

This is a great idea, and I've loved implementing some of these ideas. But I wonder if all were tested with children. My 7-month-old would not be expected to crumple up a piece of paper. While she's capable, paper goes STRAIGHT in her mouth!

I love this book. It's easy to follow and works perfectly. My daughter started her lessons shortly before she turned four and was well onto reading in only a few short months.

My wife and I got this book as a baby shower gift before our first child was born. It has given us incredible insight in the area of development and progression. This book is basically an activity book. It gives you simple and extremely inexpensive activities you can do with your developing child to help them progress and develop. We liked the book so much, we decided to make it our "standard baby-shower gift." Definitely worth the read!

This is a wonderful book that provides ideas for age-appropriate developmental activities you can do with your child every week from birth through age 5! It has lots of great ideas that I wouldn't have considered trying with my daughter, and I'm impressed to watch what she is able to learn and do. I have recommended it to all my friends with young children... I think it is great for providing interactive and engaging activities, and is helping prepare my daughter for school.

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